

Ongoing steps to success

✓ *Complete each item every semester*

- Consider CNA or other health care certification for direct patient experience
- Meet with Health Profession Advisor
- Cultivate relationships with faculty, employers, and healthcare providers you shadow
- Engage in shadowing and journal the experiences
- Develop cultural competence & explore diversity
- Consider summer enrichment programs
- Engage in volunteering and journal the experiences
- Explore undergraduate research
- Formulate a parallel plan
- Meet with major Advisor
- Develop leadership through experience
- Investigate study abroad programs
- Engage in designated Pre Health Club
- Research your future profession
- Explore possible minors and secondary majors
 - Declare chosen minor or secondary major
- Utilize tutoring!!!!

Year 1: Transitioning and adjusting to college

- Attend the Majors, Minors, and More Fair
- Consider DAS 115 – Orientation to Health Careers
- Develop a tentative long range plan with your major and Pre Health Advisors
- Familiarize yourself with the Career Center
- Attend the Activities Fair
- Join the Pre Health Club associated with your chosen designation

Year 2: Academic exploration and personal development

- Seek a Mentor within your designation
- Consider Applying to be a Pre Health Ambassador
- Investigate DAS 240 Health Career Practicum class
- Consider applying for the National Health Pre-Professional Honor Society Alpha Epsilon Delta
- Begin researching potential Health Professional Schools

Year 3: Academic enhancement and career goal setting

- Narrow down potential schools and verify schools' prerequisites
- Plan for entrance exam
- Consider DAS 315 Competitive Applicant class
- Adhere to application deadlines
- Contact individuals for letters of recommendation
- Participate in a Mock Interview
- Verify graduation requirements

Year 4 Plus: Transitioning out of college into career or graduate school

- Explore scholarships for Health Professional School
- Plan for interviews and potential travel expenses
- Apply for graduation
- If Necessary
 - Reapply and improve application
 - Implement parallel plan
 - Seek career counseling