

Integrated Health Studies Secondary Major

Course Listing

Orientation Course (1 credit):

- DAS 197: Intro to IHS

Area Requirements (12 credits—3 credits from each of the following four areas):

Ethics:

- PHILO 130: Intro to Moral Philo
- PHILO 365: Medical Ethics

Scientific and Statistical Reasoning:

- PHILO 112: Causal and Statistical Reasoning
- PHILO 125: Introduction to Philosophy of Science
- STAT 225: Introduction to Statistics
- STAT 240: Biometrics I

Communication and Psychological/Social Understanding:

- COMM 130: Interpersonal Communication
- COMM 320: Theories of Human Communication
- COMM 465: Communication and Conflict
- COMM 480: Intercultural Communication
- COMM 535: Communication and Leadership
- COMM 537: Negotiation and Communication
- CNRES 300: Introduction to Conflict Resolution
- EDSP 415: American Sign Language - Beginning
- MC 451: Health Communication
- PSYCH 505: Introduction to Psychopathology
- PSYCH 520: Life Span Personality Development
- PUBH 230: Introduction to Public Health
- PUBH 311: Health Behavior Theory
- SOCWK 200: Basic Skills for Working with People
- SOCWK 315: Hmn Behavior in Social Environ-ment I
- SOCIO 541 Wealth, Power, and Privilege
- THTRE 665/675 Drama Therapy Special Populations

US Multicultural Awareness:

- Any course from the A&S US Multicultural Overlay

Health Science (3 credits):

- ASI 218: Fundamentals of Nutrition
- ASI 500: Genetics
- ASI 533: Anatomy and Physiology
- BIOCH 521: General Biochemistry
- BIOL 255: General Microbiology
- BIOL 398: Principles of Genetics
- BIOL 410: Biology of the Cancer Cell
- BIOL 441: Human Body I
- BIOL 442: Human Body II
- BIOL 520: Evolution

Continued options in Health Science (3 credits):

- BIOL 545: Human Parasitology
- BIOL 670: Immunology
- FNDH 400: Human Nutrition
- GERON 425: Intro Phys Health & Well-Being
- KIN 335/336: Physiology of Exercise and Lab
- KIN 360: Anatomy and Physiology
- KIN 657: Integrative Human Pathophysiology

Integrative Health Electives (6 credits):

Due to the volume of elective options, departments with multiple course offerings have courses listed by number only without names

- Addiction counseling options: ADC 325, ADC 395, ADC 561, ADC 575
- Anthropology options: ANTH 315, ANTH 383, ANTH 388, ANTH 680, ANTH 682, ANTH 683, ANTH 710
- BIOL 330: Public Health Biology
- Communication and Media options: MC 451, MC 750
- ECON 688: Health Economics
- ENGL 392: Literature and the Body
- FNDH 600: Public Health Nutrition
- Gerontology options: GERON 425, GERON 575, GERON 630, GERON 730
- History options: HIST 520, HIST 534
- Kinesiology options: KIN 318, KIN 387
- Philosophy options: PHILO 326, PHILO 380, PHILO 565
- Psychological Science options: PSYCH 470, PSYCH 518, PSYCH 520, PSYCH 535, PSYCH 565, PSYCH 630
- Public Health options: PUBH 311, PUBH 418, PUBH 419
- Social Transformation options: AMETH 351, GWSS 365, GWSS 375, GWSS 435
- Sociology options: SOCIO 544, SOCIO 635
- SPAN 531: Prof Spanish: Health and Human Services

Capstone (2 credits):

- DAS 497: Capstone in IHS

Students reflect on growth in the themes of IHS and complete a presentation connected to their area of health interest and at least two programmatic themes

*Note—there are a few course offerings that are in multiple categories; however, those courses may not overlap to fulfill multiple IHS requirements as the program requires 24 hours