

Integrated Health Studies Secondary Major

Course Listing

Orientation Course (1 credit):

- DAS 197: Intro to IHS

Area Requirements (12 credits—3 credits from each of the following four areas):

Ethics:

- PHILO 130: Intro to Moral Philo
- PHILO 365: Medical Ethics

Scientific and Statistical Reasoning:

- PHILO 112: Causal and Statistical Reasoning
- PHILO 125: Introduction to Philosophy of Science
- STAT 225: Introduction to Statistics
- STAT 240: Biometrics I

Communication and Psychological/Social Understanding:

- COMM 320 Theories of Human Communication
- COMM 465: Communication and Conflict
- COMM 480 Intercultural Communication
- COMM 535 Communication and Leadership
- COMM 537 Negotiation and Communication
- CNRES 300 Introduction to Conflict Resolution
- EDSP 415 American Sign Language - Beginning
- FNDH 311 Health Promotion and Behavior
- KIN 230 Introduction to Public Health
- MC 451 Health Communication
- PSYCH 505 Introduction to Psychopathology
- PSYCH 520 Life Span Personality Development
- SOCWK 200 Basic Skills for Working with People
- SOCWK 315 Human Behavior in the Social Environment I
- SOCIO 541 Wealth, Power, and Privilege
- THTRE 665/675 Drama Therapy with Special Populations

US Multicultural Awareness:

- Any course from the A&S US Multicultural Overlay

Health Science (3 credits):

- ASI 218 Fundamentals of Nutrition
- ASI 500 Genetics
- ASI 533 Anatomy and Physiology
- BIOCH 521 General Biochemistry
- BIOL 410 Biology of the Cancer Cell
- BIOL 441 Human Body I
- BIOL 442 Human Body II
- BIOL 450 Modern Genetics
- BIOL 455 General Microbiology
- BIOL 520 Evolution

Continued options in Health Science (3 credits):

- BIOL 670 Immunology
- FNDH 400 Human Nutrition
- GERON 425 Introduction to Physical Health & Well-Being of Older Adults
- KIN 335 Physiology of Exercise
- KIN 360 Anatomy and Physiology
- KIN 657 Integrative Human Pathophysiology

Integrative Health Electives (6 credits):

Due to the volume of elective options, departments with multiple course offerings have courses listed by number only without names

- Addiction counseling options: ADC 325, ADC 395, ADC 561, ADC 575
- Anthropology options: ANTH 315, ANTH 383, ANTH 388, ANTH 680, ANTH 682, ANTH 683
- BIOL 330 Public Health Biology
- Communication and Media options: MC 451, MC 750
- ECON 688 Health Economics
- ENGL 392 Literature and the Body
- Food Nutrition Dietetics and Health options: FNDH 311, FNDH 600
- Gerontology options: GERON 425, GERON 575, GERON 630, GERON 730
- History options: HIST 520, HIST 534
- Kinesiology options: KIN 318, KIN 387, KIN 418, KIN 419
- Philosophy options: 380, 565
- Psychological Science options: PSYCH 470, PSYCH 518, PSYCH 520, PSYCH 535, PSYCH 565, PSYCH 630
- Social Transformation options: AMETH 351, GWSS 365, GWSS 375, GWSS 435
- Sociology options: SOCIO 544, SOCIO 635
- SPAN 531: Professional Spanish: Health and Human Services

Capstone (2 credits):

- DAS 497: Capstone in IHS

Students reflect on growth in the themes of IHS and complete a presentation connected to their area of health interest and at least two programmatic themes

*Note—there are a few course offerings that are in multiple categories; however, those courses may not overlap to fulfill multiple IHS requirements as the program requires 24 hours