Health Professions Advising

Ongoing steps to success
✓ Complete each item every semester

☐ Consider CNA or other health care certification for direct patient experience
☐ Meet with Health Profession Advisor
☐ Cultivate relationships with faculty, employers, and healthcare providers you shadow
☐ Engage in shadowing and journal the experiences
☐ Develop cultural competence & explore diversity
☐ Consider summer enrichment programs
☐ Engage in volunteering and journal the experiences
☐ Explore undergraduate research
☐ Formulate a parallel plan
☐ Meet with major Advisor
☐ Develop leadership through experience
☐ Investigate study abroad programs
☐ Engage in designated Pre Health Club
☐ Research your future profession
☐ Explore possible minors and secondary majors
  ☐ Declare chosen minor or secondary major
☐ Utilize tutoring!!!!

Year 1: Transitioning and adjusting to college

☐ Attend the Majors, Minors, and More Fair
☐ Consider DAS 115 – Orientation to Health Careers
☐ Develop a tentative long range plan with your major and Pre Health Advisors
☐ Familiarize yourself with the Career Center
☐ Attend the Activities Fair
☐ Join the Pre Health Club associated with your chosen designation

Year 2: Academic exploration and personal development

☐ Seek a Mentor within your designation
☐ Consider Applying to be a Pre Health Ambassador
☐ Investigate DAS 240 Health Career Practicum class
☐ Consider applying for the National Health Pre-Professional Honor Society Alpha Epsilon Delta
☐ Begin researching potential Health Professional Schools

Year 3: Academic enhancement and career goal setting

☐ Narrow down potential schools and verify schools’ prerequisites
☐ Plan for entrance exam
☐ Consider DAS 315 Competitive Applicant class
☐ Adhere to application deadlines
☐ Contact individuals for letters of recommendation
☐ Participate in a Mock Interview
☐ Verify graduation requirements

Year 4 Plus: Transitioning out of college into career or graduate school

☐ Explore scholarships for Health Professional School
☐ Plan for interviews and potential travel expenses
☐ Apply for graduation
☐ If Necessary
  ☐ Reapply and improve application
  ☐ Implement parallel plan
  ☐ Seek career counseling